Thanksgiving Grocery Shopping List

1 Turkey Breast or Turkey Roast (5 lb)
Fresh Rosemary (5 sprigs + 2 tsp)
Fresh Thyme (5 sprigs)
1 White Onion
Green Onion (1/4 cup)
Garlic (1 tbsp)
Celery Leaves (2 cups)
8 Stalks of Celery
Cauliflower (2 lb)
Lemon (zest + 2 tbsp)
Red Grapes (1/2 lb)
Shaved Parmesan Cheese (1/4 cup)
Low Fat Vanilla Greek Yogurt (1 cup)
Low Fat, Low Sodium Chicken Broth (1 cup)
Pumpkin Pie Puree (1 15oz can)
Unsweetened Evaporated Milk (1/4 cup)
White Rice (1 cup)
Pecans (1 cup)
Nutmeg (1/4 tsp + 1/2 tsp)
Ground Ginger (1/4 tsp)
Cinnamon (1/2 tsp)
Whole Grain Mustard (1 tbsp)
Graham Crackers (6 sheets)