



The Dinner Tonight
Cooking School
will teach you easy,
nutritious and eco-
nomical ways to feed
your family!

Join us for the culi-
nary event of the
year!



BACK to the FAMILY

September 29, 2016
Kilgore Community House

622 E. Kay Street, #101
Kilgore, TX 75662

Doors open at 5:30 p.m.
Cooking School: 6:00 to 8:00 p.m.

Pre-register by September 22nd.

For more information, contact Texas A&M AgriLife Extension Service:

Smith County
Phone #903-590-2980

Gregg County
Phone #903-3236-8428





BACK to the FAMILY

While there are many groups who conduct cooking schools, the Dinner Tonight Healthy Cooking School has a unique niche with demonstration recipes that are cost effective, easy to prepare and fit into a healthy meal plan.

The goal is to promote family mealtime, teach families healthy meal planning and food preparation techniques, and promote Texas agriculture!

The Dinner Tonight cooking school is scheduled from **6-8 p.m. Sept. 29**, featuring recipe demonstrations that promote Texas agriculture. Pre-registration is \$30 for two people and \$20 for one person. Bring a family member or friend and enjoy the evening together. This includes a light meal and tasting of foods demonstrated.



Name: _____

Name of guest: _____

Address: _____

City: _____

State & Zip: _____

County: _____

Phone: _____

Email: _____

Register by September 22, 2016!

\$30 for two people = \$ _____

\$20 for one person = \$ _____

Check (Make check payable to: FCS Committee)

Return completed form & payment to:
Smith County Extension Office
ATTN: Patrice Dunagin
1517 West Front Street, Suite 116
Tyler, TX 75702

Registration Questions: 903-590-2980

ALL REGISTRATION FEES ARE NON-REFUNDABLE, BUT ARE TRANSFERRABLE.